

SEEM COLLABORATIVE

WELLNESS COMMITTEE

1/22/2020

Present:

Sue Tremonte

Mary Palen

Eric Fulgham

Adam McCusker

Sheilagh Senior

Cross collaborative event in May was discussed. Need to have liability forms signed by parents. Locations were discussed and it was decided to keep it at a SEEM school for this year and possibly explore other locations next year. Dates chosen were either 5/22 or 5/29 from approximately 10:00 to 1:00. The principals will be asked which date works best.

Project Adventure – Aim to do this next year and apply for grants. Locations were discussed. WHS has a ropes course that Sue took the after school program to and it went well. This will be put on the next meeting agenda.

Series of student challenges – designate May as wellness month? After discussion it was decided to designate one week in May as wellness week and have a different challenge each day, culminating with the cross collaborative event on Friday.

Vaping – much improvement has been seen since the vaping ban in MA and educating the students on the dangers.

Wellness Newsletter – Sue would like to develop a monthly newsletter. Each program could participate by sending a short list of what they have done and it could be embedded in the wellness committee Google site.

Review Google Site for Wellness Committee: Sue gave an overview of the Wellness Committee site she has been working on. She would like to have it up and running before the end of the school year. Need to be sure all students who are pictured have signed permission forms. Sue is working on a recreational interest survey for students and staff that she would like to distribute soon.

It was decided to cancel the 2/11 meeting. The next meeting will be 3/18 at 1:00.