

Wellness Committee Meeting Minutes
10-8-19, 12:30PM

1. Present at the Meeting
 - Pat Queeney
 - Dave McCracken
 - Adam McCusker
 - Susan Tremonte
 - Eric Fulgham

2. Welcome & Introduction

3. Appointment of Co-Chair
 - Susan Tremonte - stremonte@seemcollaborative.org

4. Meeting Schedule for the year
 - Location: Main Office
 - 11/20 @1PM
 - 12/17 @ 1PM
 - 1/22 @ 1PM
 - 2/11 @ 1PM
 - 3/18 @ 1pm
 - 4/14 @ 1pm
 - 5/6 @ 1pm

5. Focus for the year - Brainstorming ideas
 - a. Cross Collaborative event in May
 - b. Project Adventure experience
 - c. Series of student challenges - designate May as wellness month
 - d. Vaping - educate students
 - e. Generate wellness newsletter/PSA to be sent out monthly
 - i. Each school would send a quick list of what they did
 - ii. Susan will check with Elizabeth Miller about platform
 - f. Staff Wellness - set up monthly social activities i.e. hike