

SEEM Collaborative – Breakfast MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Ham, Egg & Cheese on a WG Croissant Assorted WG Cereal Assorted Fresh Fruit or 100% Juice
4 WG Bagel with lite Cream Cheese Assorted Fresh Fruit or 100% Juice	5 WG French Toast with Syrup Assorted WG Cereal Assorted Fresh Fruit or 100% Juice	6 Assorted WG Muffin Assorted WG Cereal Assorted Fresh Fruit or 100% Juice	7 4 oz Yogurt Assorted WG Cereal Assorted Fresh Fruit or 100% Juice	8 Bacon, Egg & Cheese on a WW English Muffin Assorted WG Cereal Assorted Fresh Fruit or 100% Juice
11 WG Bagel with lite Cream Cheese Assorted Fresh Fruit or 100% Juice	12 WG Waffles with Syrup Assorted WG Cereal Assorted Fresh Fruit or 100% Juice	13 Assorted WG Muffin Assorted WG Cereal Assorted Fresh Fruit or 100% Juice	14 4 oz Yogurt Assorted WG Cereal Assorted Fresh Fruit or 100% Juice	15 Breakfast Burrito Assorted WG Cereal Assorted Fresh Fruit or 100% Juice
18 WG Bagel with lite Cream Cheese Assorted Fresh Fruit or 100% Juice	19 WG Waffles with Syrup Assorted WG Cereal Assorted Fresh Fruit or 100% Juice	20 Assorted WG Muffin Assorted WG Cereal Assorted Fresh Fruit or 100% Juice	21 4 oz Yogurt Assorted WG Cereal Assorted Fresh Fruit or 100% Juice	22 Bacon, Egg & Cheese on a WG Croissant Assorted WG Cereal Assorted Fresh Fruit or 100% Juice
25 WG Bagel with lite Cream Cheese Assorted Fresh Fruit or 100% Juice	26 WG Pancakes with Syrup Assorted WG Cereal Assorted Fresh Fruit or 100% Juice	27 Assorted WG Muffin Assorted WG Cereal Assorted Fresh Fruit or 100% Juice	28 4 oz Yogurt Assorted WG Cereal Assorted Fresh Fruit or 100% Juice	29 Ham, Egg & Cheese on a WG English Muffin Assorted WG Cereal Assorted Fresh Fruit or 100% Juice

SEEM Collaborative LUNCH

March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Dr. Suess Day Sal's WG Pizza Caesar Salad Orange wedges
4 NO SCHOOL	5 Hot Dog on a WW Roll Tater Tots Baked Beans Applesauce	6 LS Tomato Soup Toasted Cheese Oven Fries Apple slices	7 Popcorn Chicken Broccoli WG Garlic Noodles Garlic Bread Peaches	8 WG Pizza Slice Caesar Salad Fresh Fruit
11 Hamburger or Cheeseburger on a WW Roll Oven Fries Pears	12 Chicken Parm. with side of WG Pasta & Sauce Garlic Bread Mixed Fruit	13 Early Release Assorted WG Subs on French Roll Baby Carrots Craisins	14 National Potato Chip Day Ham & Cheese on a WG Croissant RF Cape Cod Chips Celery Sticks Pineapples	15 WG Individual Pizza Tossed Salad 100% Frozen Juice
18 St Patricks Day Chicken O'Patty on a WW Roll Pot Of Gold Corn Nibbles Shamrock Green Apple Cookie	19 (Campus Only) Pulled Pork on a WW Roll Meatball Sub on a WW Roll Tater tots Oranges	20 Shepherd's Pie (Ground Beef, Whipped Potato, & Corn) WW Roll Strawberries	21 Spring Lunch Campus Only Rotisserie Chicken Chicken Tenders WG Biscuit Baked Potato Butternut Squash Apple crisp	22 Chicken Nuggets WW Roll Whipped Potatoes Carrots Strawberries Cookie
25 WG French Toast sticks with Syrup Sausage links Hash browns Strawberries	26 Chicken Nuggets WW Roll Whipped Potatoes Carrots Cranberry sauce	27 LS LF Mozzarella Sticks with Marinara WG Garlic Breadstick Green Beans Mixed Fruit	28 Chicken Fajitas on WW Tortilla with Peppers & Onions Black Bean Salsa Pineapples	1 WG Sal's Pizza Tossed Salad with fresh Spinach Fresh Fruit

USDS is an equal opportunity provider and employer

Available Daily – Assorted lowfat & nonfat milk Assorted Fresh Fruit Side Caesar salad Side of baby carrots.
Assorted sandwiches – Tuna, Egg salad, Ham & Cheese, Turkey & Cheese, PB & Jelly and PB & Fluff.
Lunches Include – Main dish or alternate choice Veg, Fruit, and milk - \$3.00
Milk only \$.50

Menu subject to occasional change
Proud to participate in the farm to school program