

## FFL at a Glance:

The Foundations For Life Program offers transition-aged students with training in the following areas:

- Life Skills
- Pragmatic Social Skills
- Career/Job Development
- School-to-Work Programs
- Preparation for Independent/Community Living
- Preparation for College
- Dual Enrollment
- Social/Emotional Support
- Travel Training

For more information on the  
Foundations for Life

### Program

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# Foundations For Life Program



## Foundations For Life

Part of SEEM Collaborative's Campus Academy, the Foundations for Life Program (FFL), is a community-based transition program for students who require additional support and guidance with acquiring the skills necessary for independent functioning after completing grade 12.

Foundations for Life is available for students who meet the following criteria:

- The student has a current IEP.
- The student has been clinically diagnosed with an Emotional Impairment, Health Impairment (such as ADD/ADHD), Asperger's Syndrome, or Mental Health issue.
- The student may or may not have met criteria to receive their high school diploma.
- The student is motivated to participate in community-based programming, and individual/group therapy sessions.



### Career/Job Development

Students in the Foundations for Life Program work on increasing their job development skills. These skills include identifying vocational interests and skills through assessment; interviewing skills; resume writing; and obtaining employment. FFL staff will support the student in acquiring work opportunities to develop vocational skills.

### Dual Enrollment Program

Eligible students may take 1-2 courses per semester in local community colleges. This is great way to ease into the rigors of college, with support and guidance.

### Independent/Community Living

Students will develop skills necessary for independent living within their communities. Topics covered include self-determination and advocacy, personal health, maintaining healthy relationships, community access, and home management.

### Social/Emotional Support

Through group lessons and real-life application, students will cultivate pragmatic social skills necessary for successful community participation. Students will work closely with SEEM clinicians on developing strategies to cope with social-emotional needs.

